

Our Message

Day One

Gifts, Goals, & Integrity
Types of Relationships
Love, Lust, and Purpose of Sex

Day Two

Male & Female Psychology
Biology & Reproductive Health
Contraception Limitations
Sexually Transmitted Diseases

Day Three

Dating and Boundaries
Signs of Abusive Relationship
Components and Compatibility Test
Sexting and Pornography
Healthy Ways to Deal th Emotions

Day Four

Media, Music, & Movies
Sexual Integrity
Waiting for Marriage
Pregnancy/ Fetal Development

We emphasize integrity and goal setting to offer teens a different way of thinking about dating, marriage, and sex. This includes a comprehensive breakdown of how love and lust are opposites and how sexual desire is only meant to be loving. We end with an invitation to consider a different lifestyle.

On this day, we separate guys and girls to allow them to ask more sensitive questions in a comfortable environment. Our main goal with these topics is to encourage teens to embrace the natural processes of their bodies, minds, and hearts. This will help them understand and avoid the confusion or diseases that are part of today's challenging society.

This day is sometimes split into two days for the amount of topics we cover. We discuss a teenager's desire for intimacy while emphasizing the need for boundaries, patience, and respect. Our biggest hope is that they will have confidence in talking to their parents or a trusted adult about any challenges they may be facing due to peer pressure or media use.

On our last day, we connect media to sexuality and how that can influence one's behavior & feelings. We invite teens to embrace Sexual Integrity and find lasting happiness through discipline and self-control. We conclude by discussing how waiting for marriage can help us see pregnancy differently.